

THE ENNEAGRAM

the discernment of spirits and self

“Unless you tame your demons, you will never know your angels.” Rilke

The Peacemaker

9

The Challenger **8**

1 ***The Reformer***

The Enthusiast **7**

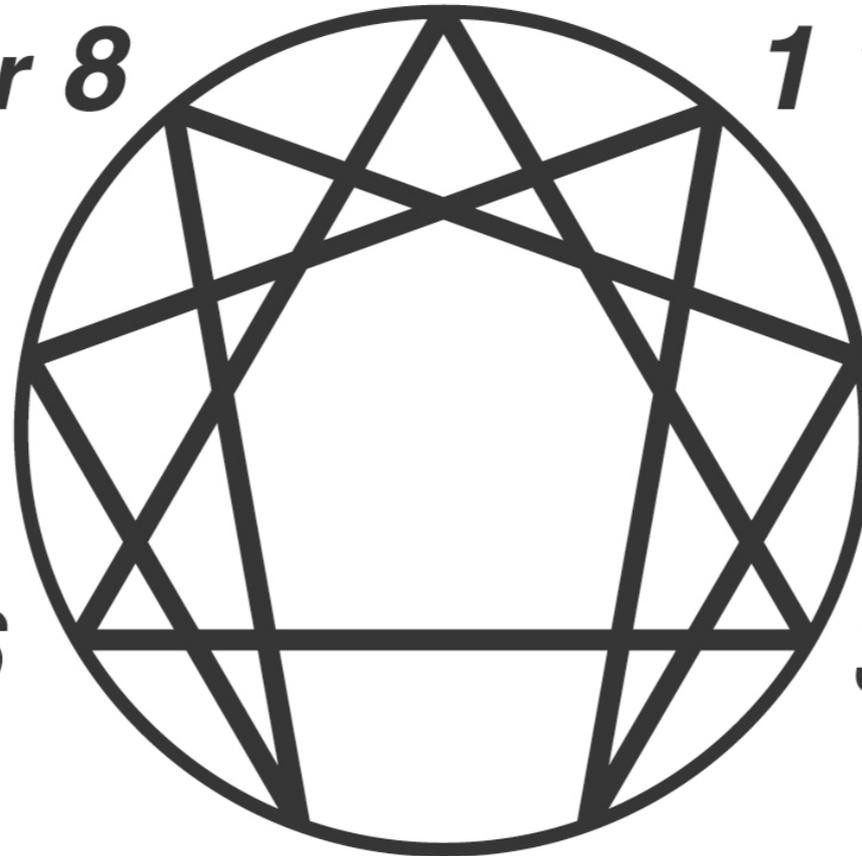
2 ***The Helper***

The Loyalist **6**

3 ***The Achiever***

The Investigator **5**

4 ***The Individualist***



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OUR GOALS IN THIS CLASS

- have fun with one another
- know the history of the enneagram
- know the function of the enneagram
- understand the three centers
- understand the nine types
- begin to understand and discern one's type

THE HISTORY OF THE ENNEAGRAM

- can be traced back to the desert mothers and fathers in the Christian tradition
- is rooted to the seven (eight) capital sins
- finds home in Sufi Muslim tradition and Jewish Kabbalah
- 12-13th century Franciscan monk used it as evangelism tool of *lingua franca* to Muslim areas
- Oscar Ichazo began teaching it in 1970s as a spiritual direction tool to Jesuit priests
- today is used in secular and religious circles, but cannot escape its religious roots or becomes a “parlor trick”

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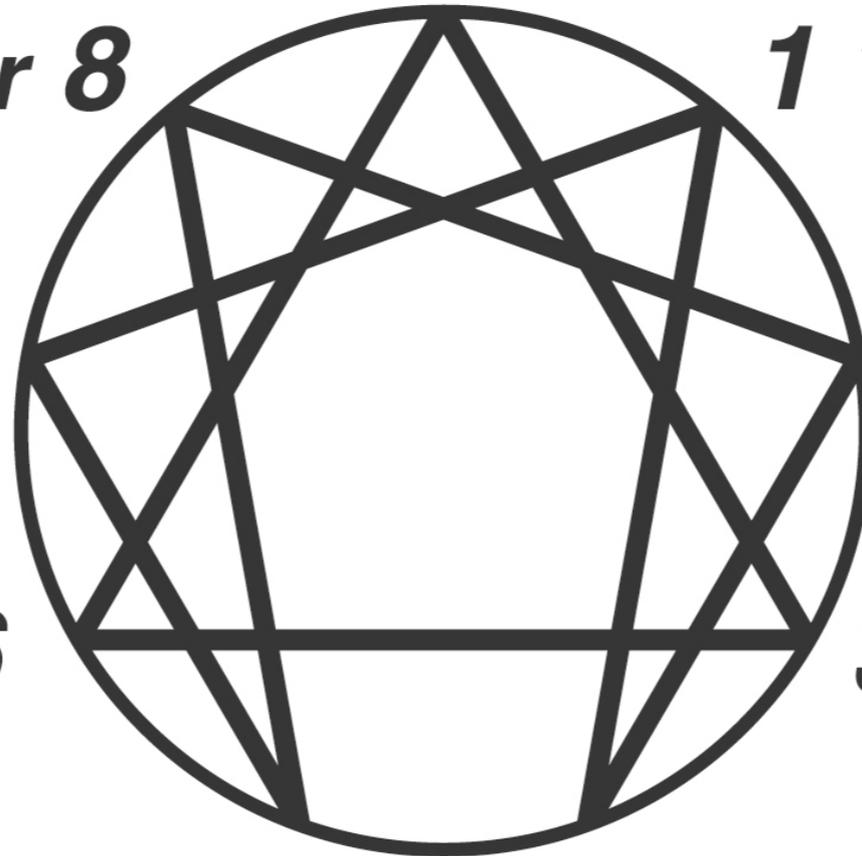
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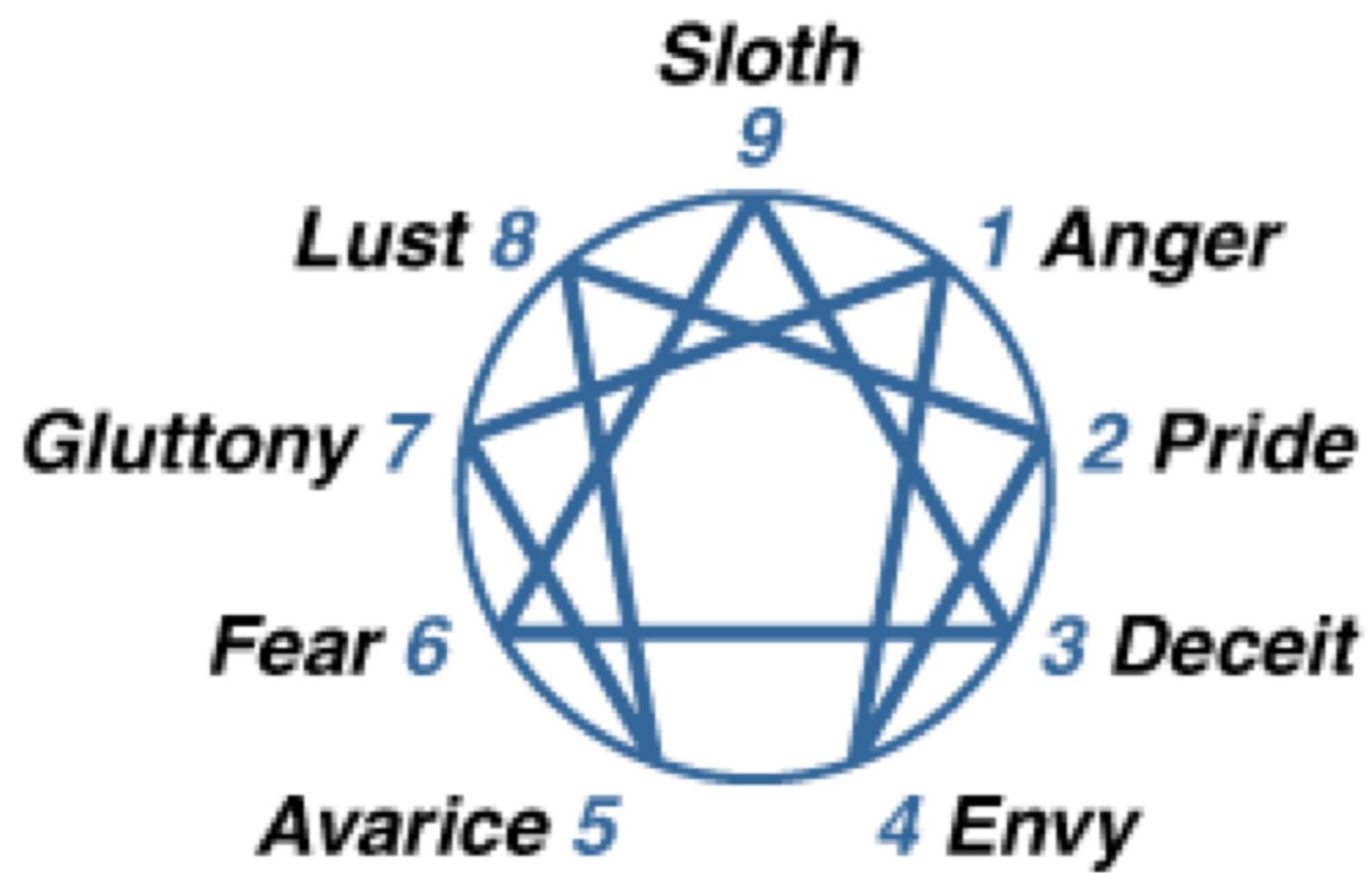


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WHAT IS THE ENNEAGRAM?

- an explanation of energies, not simply external traits
- based on the seven (eight) deadly (capital) sins which were most fully formed in antiquity by Evagrius Ponticus



WHAT IS THE ENNEAGRAM?

- an explanation of energies, not simply external traits
- based on the seven (eight) deadly (capital) sins which were most fully formed in antiquity by Evagrius Ponticus
- a tool used to discern spirits, a critical tool for our time
 - we don't kill our demons, we name them and understand them
 - we see where our energy comes from, where it goes when we are healthy, and where it goes when we are unhealthy
- a system to help us see the reality of ourselves and who God is calling us further to be
- a continuation of the oral tradition
- nine energies/three centers

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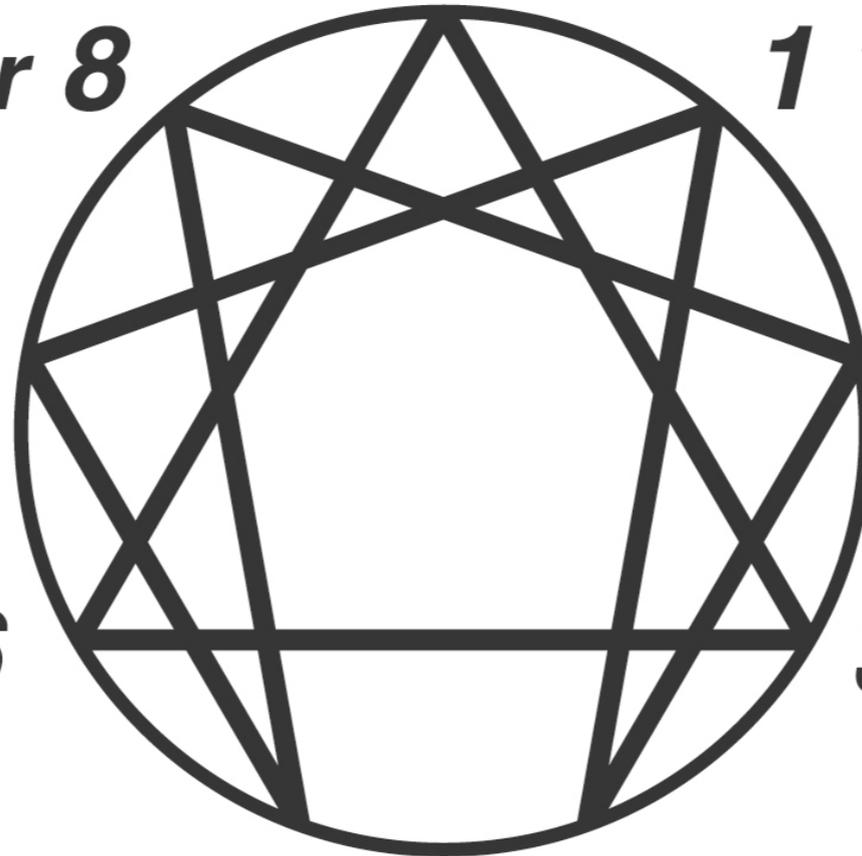
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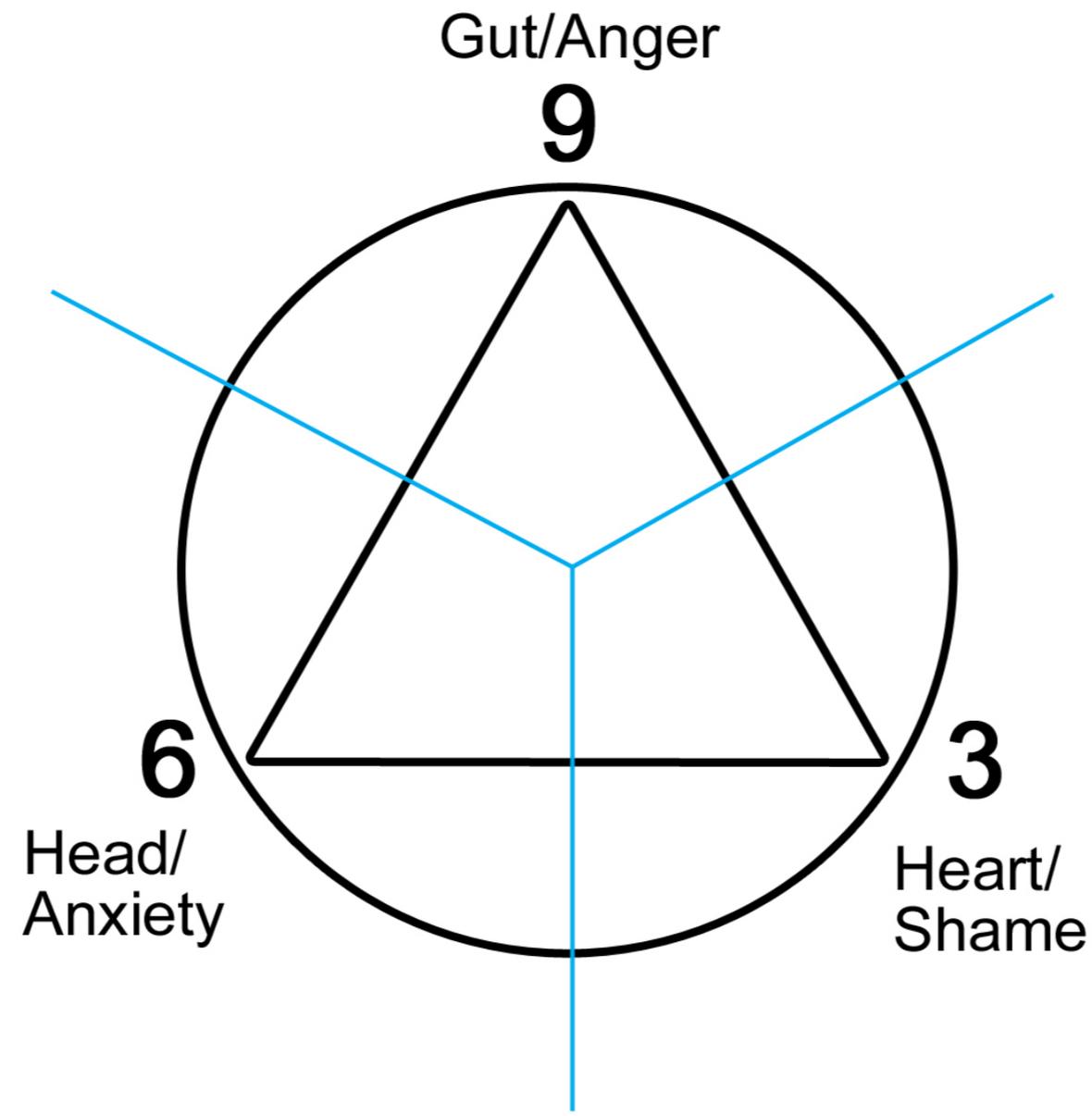
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STARTING OUR JOURNEY

- you **do** have a number
- you are whatever your number is - it is your primary flaw and you primary gift
- your energy, your number is your set of blinders. exploration through the enneagram is to help you see your blinders and lead on the path of further conversion and transformation
- we are to see and name our addictions - our egocentricities
- a “negative approach”
- the right time to start is now!

PAYING ATTENTION THIS WEEK

- spend some time this week thinking of your childhood
- pay attention to the energies and motivations behind your actions
- think about how you've changed and how you've stayed the same

“First the fall. And then the recovery from the fall. And both are the mercy of God.” Julian of Norwich